

Lake & Links

sanctuary
LAKES CLUB

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Congratulations

for the diary

FEBRUARY

THURSDAY 22

Sanctuary Lakes Foundation Art Awards

FRIDAY 23

Member guest day Shotgun start @ noon

Band Buffet Night

MARCH

SATURDAY 3

Autumn eclectic begins

SUNDAY 4

Sanctuary Lakes v Rosanna

(4BBB stableford)

Post game meal

MONDAY 12

Labour Day

Individual stableford

SUNDAY 25

Course closed for V&A Pennant

APRIL

FRIDAY 6

Good Friday (individual par)

Golf shop open 7am

Food and beverage from 12pm – 6pm

SATURDAY 7

Easter Sunday - Normal trading hours

SATURDAY 8

Golf shop open 7am

Food and beverage from 12pm – 6pm

SUNDAY 9

Easter Monday - Normal trading hours

MONDAY 16

Women's Captains and Presidents day

SUNDAY 22

WGV Doris Chambers Foursomes qualifier

WEDNESDAY 25

Anzac Day (individual stableford)

FRIDAY 27

Member guest day

MONDAY 30

Course closed (renovations)

Young guns

The nab Victorian PGA Championship provided plenty in the way of grass roots involvement for an enthusiastic bunch of juniors from the western suburbs.

The fortunate group took part in a coaching session and junior pro-am staged prior to the start of the tournament.

The young up-and-comers played a modified 9-hole layout of holes arranged by Lucien Tinkler, the director of golf at Sanctuary Lakes, and Sam Hartrick.

Additional PGA professionals also signed autographs and offered tips and advice while discussing the finer points of the game.

Jack Marlais, a young gun from the western suburbs, made the most of his opportunity to mix with the professionals and receive some free tips.

"It was great," said the 11-year-old resident of Sanctuary Lakes. "It's pretty cool trying all those short shots near the green. My favourites were the flop shot and bunker shots that spin a lot."



Unsung heroes

Sanctuary Lakes Club captain Allan Smith is jumping for joy after signing off on another successful PGA event.

Mr Smith was full of praise for everyone responsible for devoting so much time and energy to ensure the script went to plan.

And once again the biggest congratulations were reserved for the loyal band of volunteers put to work marshalling tees, spotting balls and running the scoreboard.

"What a wonderful group of people," he said.

"They are unsung heroes. They are a very spirited and tight-knit group with loads of enthusiasm. I can't thank them enough for the efforts over the entire four days of competition. And I'm sure the players think the same way as well."

Chairman in charge



Australasian PGA Tour chairman Peter Senior was an instantly recognisable face in a crowd of tournament professionals competing at Sanctuary Lakes.

And the decorated Queenslander showed that he still packed a punch, especially when he tiptoed into contention during the dramatic final round.

Even though the charge dissipated near the end, the evergreen legend of Australian golf did enough to frighten many of the title fancies before eventually settling for a share of fourth place.

But the 47-year-old, a long-time resident of Hope Island, was satisfied to have come so close after struggling with his game earlier in the week.

And the former Australian Open, PGA and Masters champion was equally impressed with his on-site accommodation in the new Quest apartments.

Senior even found time in his busy schedule to pose for photographs with Quest general manager Nick Suriano.

Play and Stay

To celebrate the opening of its latest property, Quest Sanctuary Lakes, Quest Serviced Apartments is inviting everyone to a Community Fun Day in Sanctuary Lakes on Saturday, March 3.

Launching at 10am, this Community Fun Day will provide four hours of assorted entertainment, including a 'nearest the pin' competition at the resort's golf range, displays by other members of the local tourism industry including Werribee Park and Wyndham City Council Visitor Centre.

Children can enjoy colourful face painting, tempt the balloon artist to create their favourite character and get up close and personal with

creatures of the feathered and furred variety at the baby animal farm throughout the day.

Parents can indulge in a relaxing massage from the 3-Minutes Angels in the Quest apartments, while the whole family can indulge in lunch at Olive Bistro, or coffee and cake from Waterstone Café*.

Quest Sanctuary Lakes Franchise Manager, Richard Hartshorn, is delighted to welcome the community to the new property and the surrounds of the Sanctuary Lakes Club for a day of fun, entertainment and family activities.

"We are excited about joining the local community and look forward to working with the residents, business and tourism offices to continue to place Sanctuary Lakes as a destination of choice for living, playing and working," he said.

Did you know!

- > that water levels in our lakes reduce by seven millimetres per day due to evaporation
- > that both amateur and professional course records were broken on the same day during the recent nab Victorian PGA Championship. Daniel Popovic shot 65 in the second round, while power-hitter Kurt Barnes recorded a score of 62
- > that the total area of the Sanctuary Lakes development is 460 hectares, of which 50 hectares (twice the size of Albert Park Lake) is water

Body balance

Rec Club manager Ros Davison is a girl on the move.

In late March she travels to the coastal city of Port Macquarie in NSW to compete in the Australian Ironman Championship – perhaps the most grueling event on the sporting calendar.

The "Ironman" is a torture test consisting of a 3.8km swim, followed by an 180km bike ride and finally a 42km run – the same distance as a marathon.

And she does all this exercise in one day.

"Five years ago I didn't know what an Ironman was," she revealed.

"I got into it by accident after being asked to fill in for someone during the BRW Corporate Triathlon."

And the rest, as they say, is history.

CLASSES ON OFFER

The Rec Club offers a variety of programs for both adults and children.

The 'Ab Burner' is held on Monday at 7pm. It is a 30-minute class of intense abdominal training aimed at strengthening and toning all the core muscles.

Cardio boxing is on Wednesday at 7pm. It is a fantastic and intense cardio workout that gets the heart rate going.

Pilates is a body-conditioning technique designed to stretch, strengthen and balance the body. The Pilates program last six weeks and are held on a Tuesday evening and Saturday mornings.

Women's swim classes are on Thursday morning at 9am. This class is for women who may be just starting to swim or who have swum for some time but need to practise and develop both their breathing and their stroke.

Gym instructors and 16 residents are also in the midst of our second "boot camp", which is an outdoor group training for those who need extra motivation; enjoy the challenge of resistance training and aerobic fitness, and like training with others. 'Recruits' meet three times a week

for an hour. Included in the 8-week course is a fitness assessment at the beginning and the end of the camp and a nutritional consultation – all aimed at quantifying individual goals.

Personal Training, Private Lessons and Coaching, Massage and Nutritional Consults are also readily available. For further information please contact the Rec. Club on 9394 9430 or recclub@sanctuarylakes.com.au



Lots to see

The price of property at Sanctuary Lakes Resort has jumped 10.2 per cent, according to the latest figures issued by the Real Estate Institute of Victoria (REIV) in their latest quarterly report.

Ruth Ritchie, the real estate sales director of Sanctuary Lakes Resort, said the strong result demonstrated the value of infrastructure and quality maintenance underpinning the project.

"The reality of this is borne out in the REIV report which shows that the median price of property at Sanctuary Lakes Resort rose from \$425,000 to \$468,000, while surrounding Point Cook prices remained at \$330,000 with no change in the quarter," she said.

"With Sanctuary Lakes being the premium estate in the western region, it has many options available to those buyers who want an alternative to the typical 'first home buyer' projects, and we expect continued value increases."

Ms Ritchie said that current investors and homebuyers had identified the quality of the environment and the extensive open space

overlooking the lake and golf course as reasons for purchasing.

"People making the decision to purchase and build at Sanctuary Lakes Resort recognise they are paying a premium price to establish their new home and lifestyle but also realize their investment has far greater potential.

"Both waterfront and golf course land is a very limited commodity and, with the recent release of Shearwater Island, we are running out of waterfront land. This scarcity for increasingly sought after island lots will have a significant impact on property values over time."

Tales of a modern woman In the Frame

Kerry Hansford enjoys unconditional weekend access to the Sanctuary Lakes golf course.

She shares the fairways of the Greg-Norman designed layout with men on Saturdays and Sundays.

And as a working woman, that's just the way she likes it.

Such gender equality is a wonderful attraction at a new age club such as Sanctuary Lakes.

But this relatively modern trend is one Kerry takes for granted in the 21st century.

"One thing about the structure of Sanctuary Lakes membership is that women and men have equal rights," she said.

"And we (women golf members) have the opportunity to tee off at whatever time we like.

"At other clubs women are restricted in their access to the golf course."

Sanctuary Lakes also structures its weekend competitions so that both sexes compete on equal terms.

The one concession to equality is that females play from forward tees.

At Sanctuary Lakes the total distance gap between the men's and women's tees is 1176 metres, or an average of 65 metres per hole.



"Men on their tee; women on ours. It works really well no matter what the make-up of a four," Kerrie added.

"There is the choice to organize a mixed group. Or maybe one woman will join three men. It's very interchangeable."

Kerry is a technical consultant to the Australian Wool Corporation.

She grew up on a sheep farm at Cowra in NSW before embarking on tertiary study and eventually graduating from the University of NSW with a PHD in wool science.



Creative type

Food and beverage manager Peter Lyle is a creative sort of guy.

His day-to-day role at the Club involves preparing tasteful menus and wine lists that arouse the senses.

Away from work, though, Peter likes to dedicate enough time indulging his passion for art and sculpting.

Several of his best pieces went on display during the inaugural Art and Craft Show staged recently at Sanctuary Lakes.

The exhibition included paintings, glass sculptures, pottery, mosaic, candles, jewellery and more.

"While I appreciate all forms of art, it's the interpretation that really intrigues me," Peter explained.

"When you look at someone's work, I try to work out the wonderful process that the artist went through.

"You ask: 'where was the artist at when they did that'."



Storming Victory

Melbourne rookie Ashley Hall made an quick impression in the professional ranks by storming home to win the nab Victorian PGA Championship in a play-off.

Hall came from seven shots behind starting the final round, shooting a four-under-par 68 at Sanctuary Lakes to claim the title as he passed 15 other contenders whose hopes were blown away in the weekend's strong winds.

Hall, 23, iced his dramatic victory at the second hole of a sudden-death play-off with Tristan Lambert by firing a five-iron shot over the lake fronting the 18th green and two-putting for par.

Hall's victory came in only his third start as a professional.

"I'm lost for words," said Hall, who had his father Geoff performing caddy duties.

"I honestly thought I was too far back at the start of the round.



"I was just trying to move up a few places and then something clicked and I shot four under on the back nine."

Conditions on the weekend were difficult as a strong southerly wind buffeted everyone who survived the 36-hole cut.

Several tees on upwind holes were even moved forward to give players a chance of reaching the green in regulation.

CONGRATULATIONS:

Hearty congratulations to all winners of golf events during December and January: Daniel Valente, Chairat Khunkaew, Clint Bravo, Stacey Keating, Damian O'Shea; Gail Dempsey, Damien Gnezda, Tark Kim, Shane Trinca, Daniel Bowen, Ben Stone, Carlo Soro, Viollie Duggan, Wayne Butler, John Ali, Allan Titerton, Kee Lim, Drew Stevenson, Peter Demiri, Mark Gamble, Bob Townsend, M. Jacobs, Allan Smith, James Hetherington, Brad Leach, Cain McGregor, Peter Kovac, Scott Young, Lewis Tuck, Jacob Brewer, Matthew O'Keefe, David Kim, Nathan Bishop, Alex Van Dullemen, Jason Pahlke, Shane Jenkins, Stephen Gately, Henry Chetcuti, Robert Bednarek, Jason Wright, Scott Ramsay, Michael Joyce, Jeff Lamb, Glenda Brown, Matt Von Wald, Jeffery Cameron, D. Cash, Fred Camilleri, Ian Farnsworth, John Hearst, Peter Jacobs, Marcin Kaszkiel, Bruce Cahoon, Clint Terbogt, Gary Service, B.C. Kim, Leo Cilliberti, Frank Faro, Nina Malkin

Making news

Scott Draper captured plenty of headlines during the week of PGA tournament.

He announced he had chosen golf ahead of tennis during a live-cross televised around the nation on the Channel 10 news bulletin.

The former Davis Cup star made the big decision on his future following lengthy discussions with both his pregnant wife and two-time major champion Lleyton Hewitt.

But Draper now has his mind firmly fixed on developing a career as a tournament golfer.

And that decision has reaped immediate dividend with Draper coming from behind to win the NSW PGA Championship.

Draper's golf coach, Denis McDade, believes his pupil has a bright future on the PGA Tour.

"He is a genuine (golf) talent," he said.

"He's a smart guy and he knows what it takes to reach an elite level. At the moment he needs more experience and to get better with his short game. Then he'll start to contend more regularly."



Open 7 days for lunch & dinner
To make a booking call

03 9394 9455

Sanctuary Lakes Club Ltd ABN 65 084 729 731
Greg Norman Drive POINT COOK Victoria 3030
Telephone: (03) 9395 2888 Facsimile: (03) 9395 2988
Email: golfclub@sanctuarylakes.com.au
Website: www.sanctuarylakes.com.au
Proudly Managed by PGA LINKS Management Pty Ltd
ACN 099 69 301

